



The Spelman College Counseling Center Welcomes You

Visit <https://www.spelman.edu/student-life/health-and-wellness/counseling-center>

For Counseling Center Service and Resource Information

College is an Exciting Time of Change and Personal Growth

At times, change may prove stressful. Therefore, the Spelman College Counseling Center assists students in their emotional, social, and academic development throughout the college experience. Services provided support the holistic development process, which emphasizes the individual's strengths, and values the right to self-determination and confidentiality. Sessions, groups and workshops are provided by licensed professional mental health clinicians who are firmly grounded within a framework that honors a respect for all, with a sensitivity towards diversity; who value and practice inclusion, while embracing the various intersectionalities and experiences of students, including, but not limited to race, culture, sexuality and LGBTQQIA identities.



Short-Term Services

The Counseling Center provides options for solution-focused single visits or bi-weekly brief therapy sessions. We listen carefully to student concerns, with the belief that no concern is too small to be addressed.

Referrals for Therapy or Medication

The Counseling Center is a short-term clinic. Consequently, students interested in long-term counseling or who enter the Center currently on medication, will need a referral into the community. The Counseling Center provides case-management referral support for students in the process of selecting a therapist of their choice and who accepts their personal insurance or offers sliding scale fees.

If you have a desire for counseling consultation services upon enrollment, please complete the consent form for an initial session. All students who wish to utilize remote services must sign a consent form located on the Medicat Client Portal <https://spelman.medicatconnect.com/> . Once you have logged in, you will go to the "Required Forms" page and then click on "Consent for Remote Consultation." A parent or guardian's consent will be required for a student who is under the age of 18 years.

After you have read and completed the consent form, please call the Counseling Center at 404-270-5293, between the hours of 9:00 am - 4:30 pm EST, to provide your name, primary contact number, and the best days and approximate times for a consultation call. For additional information please call the Counseling Center at 404-270-5293.